

Year 7 Dance

Year 7 Dance aims to inspire and build confidence through teaching a range of advanced dance techniques, styles and forms. Students are introduced to the three core areas of the Dance curriculum which will shape their learning as they progress from KS3 to KS5; choreography, performance and appreciation. Creativity and problem-solving is developed and knowledge of choreographic skills needed to make dances are introduced within different topics which focus on social, historical or cultural issues. Students will focus on physical skills and safe working practices and will consistently use reflection and appreciation of our own work to build resilience and self-awareness.

Methods of deepening and securing knowledge:	
Retrieval practice	Retrieval is used throughout Year 7 to allow students to revisit and revise key skills and concepts. This is done through starter and plenary tasks in lessons (verbal/written/interactive), written booklet tasks and independent learning tasks.
Spaced Practice	Throughout the year, the same three core areas of learning are revisited, built upon and approached in different ways within a variety of topics/units. (A new topic is introduced every half term e.g. Haka/Bollywood)
Elaboration	Students elaborate and develop their knowledge and skills within practical elaboration every lesson and theory is completely embedded within practice in the studio with use of individual booklets.
Interleaving	A topical approach is used each half term so that the three core areas of the curriculum are interleaved seamlessly within each new unit and their knowledge can be developed within a varied and engaging curriculum.

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Topic(s)	<p>Haka</p> <p><u>Choreography</u></p> <ul style="list-style-type: none"> - 6 basic actions - Formations - Levels - Transition - Unison - Canon <p><u>Performance</u></p> <ul style="list-style-type: none"> - Importance of a warm-up 	<p>Bollywood</p> <p><u>Choreography</u></p> <ul style="list-style-type: none"> - 6 basic actions - Dynamics - Formation - Levels - Pathways - Direction - Action and Reaction <p><u>Performance</u></p> <ul style="list-style-type: none"> - Stamina - Mobility 	<p>Gumboots/African</p> <p><u>Choreography</u></p> <ul style="list-style-type: none"> - Dynamics - Repetition - Accumulation - Counterpoint <p><u>Performance</u></p> <ul style="list-style-type: none"> - Strength - Balance - Timing - Rhythm 	<p>Chinese Culture</p> <p><u>Choreography</u></p> <ul style="list-style-type: none"> - Dynamics - Contrast <p><u>Performance</u></p> <ul style="list-style-type: none"> - Strength - Control - Flexibility 	<p>Lindy Hop</p> <p><u>Choreography</u></p> <ul style="list-style-type: none"> - Contact and Safety - Mirroring - Complementary - Pathways and direction <p><u>Performance</u></p> <ul style="list-style-type: none"> - Coordination - Musicality - Timing - Concentration 	<p>Brazilian Carnival</p> <p><u>Choreography</u></p> <ul style="list-style-type: none"> - Formations - Pathways - Accumulation - Counterpoint <p><u>Performance</u></p> <ul style="list-style-type: none"> - Extension - Isolation - Focus - Projection

Assessment	- Formative written assessment, retrieval and aim higher feedback/response tasks - Formative end of unit practical assessment	- Formal practical and written assessment (Knowledge/skills from Haka and Bollywood units)	- Formative written assessment, retrieval and aim higher feedback/response tasks - Formative end of unit practical assessment	- Formative quizzing/retrieval tasks/peer and self-assessments/homework - Formative end of unit practical assessment	- Formative quizzing/retrieval tasks/peer and self-assessments/independent learning - Formative end of unit practical assessment.	- Formal summative written assessment - Choreography and performance (combined) - Summative practical assessment (KS4 prep)
Knowledge organiser <i>(hyperlinks when available)</i>	Haka Knowledge Organiser	Bollywood Knowledge Organiser	Gumboots Knowledge Organiser	Chinese Culture Knowledge Organiser	Lindy Hop Knowledge Organiser	Brazilian Carnival Knowledge Organiser

Independent Learning:

Independent learning tasks are used as an opportunity to read and explore concepts in a wider context and use their findings within lessons practically. Independent learning tasks may also be research based tasks that aid the practical performance or designing/creating something to support their work (e.g. masks/costume/music).